Ingenia Gardens
SOVEREIGN

COMMUNITY CALENDAR

August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 10:30am Exercise 2pm Colour by Numbers	**2** 10:15am Carpet Bowls 2:30pm Afternoon Yoga	**3** 10am Cuppa & Chat 1:30pm Activate Activity Mystery Bingo	**4** 2pm Movie Afternoon	**5** 12pm Sunday Roast
6 10am Chair Exercise 2pm Crochet Class	**7** 10am Morning Tea 1:30pm Bingo	**8** 2pm Movie Afternoon The Seven Year Itch (1955)	**9** 10:15am Carpet Bowls 12pm Activate Italian Themed Meal	**10** 10am Cuppa & Chat 1:30pm Exercise	**11** 2pm Movie Afternoon	**12** 12pm Sunday Roast
13 10am Chair Exercise 2pm Crochet Class	**14** 10am Cuppa & Chat 1:30pm Bingo & Afternoon Tea	**15** 1100am Morning Yoga 2pm Trivia Game 1970's	**16** 10:15am Carpet Bowls 2:30pm Afternoon Yoga	**17** 10am Cuppa & Chat 2:30pm Hoy	**18** 2pm Movie Afternoon	**19** 12pm Sunday Roast
20 11am RSPCA Cupcake Decorating	**21** 10am Morning Tea 1:30pm Bingo	**22** 2pm Movie Afternoon From Here to Eternity (1953)	**23** 10:15am Carpet Bowls 1:30pm Piano Man Bob Franklin	**24** 10am Cuppa & Chat 1:30pm Tech Talk	**25** 2pm Movie Afternoon	**26** 12pm Sunday Roast
27 10am Chair Exercise 2pm Crochet Class	**28** 10am Cuppa & Chat 1:30pm Bingo & Afternoon Tea	**29** 1:30pm Exercise 2pm Activate Birthday Celebrations	**30** 10:15am Carpet Bowls 2pm Cuppa & Chat	**31** 1:30pm Sebastopol Senior Citizens Band		

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